



NATIONAL DEAF THERAPY

White Paper for Insurance Providers



We do mental health differently.

National Deaf Therapy specializes in personalized tele mental health care for deaf individuals. Because of common communication barriers experienced by our clients, we take on their hassles by offering unlimited access to support in accessing insurance benefits. We offer free comprehensive services to our clients with an informational guide available in American Sign Language. This is how our client is able to better focus on their healing journey while we take care of the rest.

5 Million Deaf People need Mental Health Services Annually *

2%

Receive Mental Health Services

60%

Do Not Have Access to Mental Health Services

90%

Professionals Unable to Provide Adequate Services



Denied appropriate treatment received for mental illness.

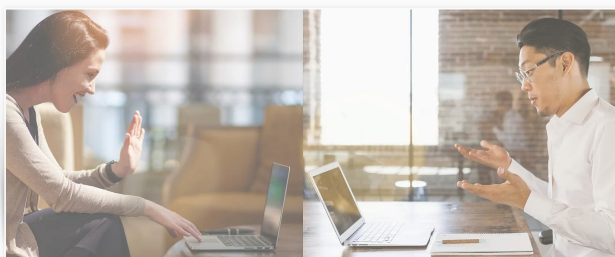


Most Deaf Americans live in mental health professional shortage areas.



Therapists work exclusively in metropolitan areas and provide in-person treatments.

* Source: National Association of State Mental Health Program Directors
<https://www.nasmhpd.org/sites/default/files/InformationGapsResearchPaper.pdf>



Mental health is a challenge we face as a deaf community and as deaf individuals. At National Deaf Therapy, we believe the solution lies within our community with ASL accessible therapy from the comfort of our clients' homes.

Quality

Our therapists specialize in issues and resolutions common to individuals who are deaf and seeking mental health care.

Satisfaction

Our therapists produce better outcomes by communicating directly with clients in American Sign Language.

Reduced Costs

Virtual mental health in ASL eliminates overhead, 3rd party interpreters and reduces the cost of providing quality care.

An Important Consideration

When serving Deaf communities, not all Deaf clients are white. National Deaf Therapy serves BIPOC communities, Deaf+, and more. The more marginalized identities that the individual has, the more likely they are to be diagnosed with mental health, trauma, and recurring/increasing symptoms when intersecting it with current discrimination. Having direct access to Deaf licensed mental health therapists, who we have on the NDT team that are also identified as BIPOC therapists, gives the best type of mental health support clients could receive.

About National Deaf Therapy

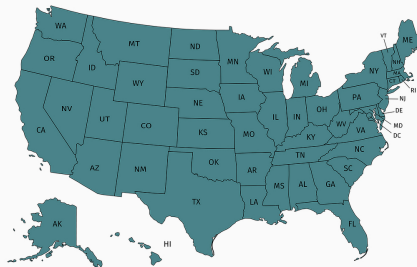
National Deaf Therapy is a Deaf Women-Owned company led by Amanda K. Sortwell Crane, MS, NCC, LPC, LHMC and Megan Erasmus, LMHC. Through a combined 18 years of practice, they share values and respect for client care to ensure successful mental health services for Deaf Community members.



Our therapists come from a wide variety of training backgrounds, but each one of them aims to work with our clients to build on their existing strengths. Our therapists provide support as our clients develop new strategies and behaviors for overcoming adversity and living the most authentic life possible.

Our Therapists

We currently have therapists licensed to serve different states nationwide. Every one of our licensed therapists are deaf and fluent in American Sign Language. [Meet our team by going to this page on our website here.](#)



Therapy Sessions

National Deaf Therapy's therapy services are designed for individuals, couples, families, and groups. Our clients have the opportunity to meet with our Deaf, culturally responsive therapists regularly based on a personalized treatment plan.

The National Deaf Therapy Client Experience



Automate the Client
Journey



Automate Existing
Client Workflows



In-house Insurance
Verification



Complete Front Desk
Service for Clients

7 million have access to Tele-Mental Health Services *

76%

Have Access to the Internet



Increased accessibility to mental
health services

80%

Workplaces offer
Tele-Mental Health



Number of employers to offer
telemedicine to employees in
2018



* Source: National Association of State Mental Health Program Directors
<https://www.nasmhpd.org/sites/default/files/InformationGapsResearchPaper.pdf>

Conclusion

In 2020, all of our lives were upended. Our normal way of life changed in ways too many to name, too individualized in our experience but unified in how the world we all live in will no longer be the same. The founding principles of telemental health that we



were founded by has proven to be more crucial than ever. Through 2020 our work was validated and must continue into the future. This is true no matter how close to normal we return.

At National Deaf Therapy, we support the Deaf community in ensuring that individual and collective mental health needs are met, whether it is in the form of individual or group therapy provided by Deaf therapists, accessible support circles, or culturally responsive community training.

Connect with us today to learn more about how National Deaf Therapy helps individuals achieve better outcomes, become more satisfied with their care, and reduces cost of care for insurers and individuals.

Business Name & Address

Business Name: National Deaf
Therapy

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WHAT PEOPLE SAY

"Thank you so much for creating
this option for the Deaf
community. It is so much needed
and it is culturally responsive!"

— Community Member



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yes beyond our sessions. Subscribe to
DT email packages to gain more
mental health tools and resources.



Yes, now is a good time to heal.

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